



## Eastwood Community Centre Inc - 2019 Term 1 Program

Mon	Tues	Wed	Thur	Fri	Sat	Sun
<b>3 R's (Respite, Recreation, Revitalisation)</b> 10.00am - 2.00pm	<b>Class Act Collective</b> 10.00am - 2.00pm (2nd & 4th week month)	<b>Morning Melodies - Treats for Senior</b> 10.00am - 12.00 (2nd & 4th week month)	<b>One-on-One Computing</b> 9.30am - 11.30am	<b>Gentle Yoga with Dana</b> 9.30am - 11.30 pm	<b>Laughter Yoga</b> 9.00am - 10.00am	<b>Eastwood Recovery - AA</b> 10.00am - 12.00midday
<b>NEW!</b> <b>Gnetle Fitness for All Abilities</b> 9.30am - 10.30am	<b>Sands SA Coffee Morning</b> 9.30am - 11.3am Quarterly 5th Mar, 4 Jun,	<b>Art &amp; Ability</b> 1.00pm - 3.00pm	<b>Gentle Yoga with Dana</b> 9.30am - 11.30 pm	<b>Patchwork &amp; Quilting</b> 9.30am - 12.00	<b>Dancer's Co-op</b> <b>10.00am - 12.00 midday</b>	<b>Revival Centres Church</b> 12.00 midday - 3.30pm
<b>Adult Community Education - Work Ready Skills</b> 9.30am - 12.00midday	<b>NEW!</b> <b>Playgroup</b> 1000.am - 12.00		<b>Dance Project</b> 11.30am - 1.00pm	<b>Adult Community Education - English Language</b> 1.00pm - 3.00pm	<b>Semas Academy</b> 10.00am - 11.30am	<b>Siempre Tango</b> 3.30pm - 9.30pm
<b>Gentle Yoga with Dana</b> 11.00am - 12.30pm	<b>Art &amp; Craft for Everyone</b> 1.00pm - 3.00pm (1st & 3rd week month)		<b>NEW!</b> <b>Circle of Security</b> Centacare 1.00pm -2.30pm	<b>Children's Ballet</b> 4.00pm - 7.00pm	<b>Tai Chi</b> 2.15pm - 1.45pm	<b>Women's Step - AA</b> <b>4.45pm - 6.15pm</b>
<b>Earth Shanti Yoga with Laura</b> 5.45pm - 7.00pm	<b>ARPA Bush Band Practice</b> 2nd & 4th week month 1.30pm - 3.00pm		<b>NEW!</b> <b>Gentle Fitness</b> 1.30pm - 2.30pm	<b>Adult Children of Alcoholics (ACA)</b> 6.30pm - 8.30pm	<b>Kung Fu</b> 2.00pm - 3.30pm	<b>Italian Fok Ensemble (Practice)</b> <b>3rd Sun Month</b> 4.00pm - 6.00pm
<b>Siempre Tango</b> 7.30 - 10.00pm	<b>Glee Community Chior</b> 7.00pm - 8.00pm	<b>Life Drawing</b> 7.00pm - 10.00pm	<b>Abacus for Kids</b> <b>4.00pm - 5.15.pm</b>		<b>Italian Fok Ensemble (Practice)</b> <b>1st Sat Month</b> 4.00pm - 6.00pm	
	<b>Gamblers Anonymous</b> 8.00pm - 10.00pm	<b>The Compassionate Friends of SA</b> 7.00pm 1st Wed of month	<b>Adelaide Historical Bottle Club</b> 2nd Thur of month 6.00pm - 10.00pm			

<b>By appointment:</b>	<b>Wills on Wheels</b>	<b>Catherine Moyse</b> <b>Mobile Solicitor</b>	<b>Tel:</b> 837907030 <b>Mob:</b> 0411 281 971	<i>Specialising in Wills, Powers of Attorney, Advance Care Directives</i>
	<b>Family Law</b>	<b>Carol Willins</b> <b>Lawyer</b>	<b>Mob:</b> 0428253 676	<i>Divorce, Children, Property, Assistance with legal applications</i>